



FEBRUARY 2021 MONTHLY CALENDAR

FEBRUARY 1-28

MONTH OF LOVE

All day

During the month of February, many local wineries, restaurants & shops will be celebrating the Month of Love with exclusive wines, recipes and other festivities. For more information, visit LakeChelanWineValley.com.

SATURDAY, FEBRUARY 13

VALENTINE'S DAY CHEF'S TABLE

6:00pm-9:00pm

Visit Campbell's Pub & Veranda with your special someone to celebrate Valentine's Day with a six-course tasting menu, wine pairings & champagne! For more information, visit CampbellsResort.com.

SATURDAY & SUNDAY, FEBRUARY 13 & 14

THE LOVE BOAT

Various times

Celebrate Valentine's Day with a romantic cruise up Lake Chelan on the Lady of the Lake's Love Boat! Dock in Stekehin, grab a snack & take a small hike to Rainbow Falls. For more information, visit LadyOfTheLake.com.

BE MY VALENTINE 4-COURSE DINNER

5:00pm-8:00pm

Join Siren Song Winery & Restaurant for your Valentine's Day date! Enjoy a 4-course lobster dinner and wine pairings. For more information, visit SirenSongWines.com.

RECURRING EVENTS

MONDAYS

40 DAYS OF MINDFULNESS

10:00am-11:00am

Begin the journey to finding peace of mind with YogaChelan's 40 day Mindfulness Program over Zoom. No previous yoga or meditation experience is required to join! For more information, visit YogaChelan.com.

MONDAYS & WEDNESDAYS

VINYASA YOGA - LEVEL 2

8:30am-9:45am

Begin your morning with this slightly progressed Vinyasa class! Practicing Level 2 Vinyasa Yoga will leave you energized and with a sense of well being throughout your day. For more information, visit YogaChelan.com.

TUESDAYS & THURSDAYS

YOGA BASICS

10:00am-11:00am

Join Lynda Kennedy in exploring your own pace and level within the basics of yoga. Enjoy learning more about functional movement, reducing stress & building strength! For more information, visit YogaChelan.com.

WEDNESDAYS & FRIDAYS

VINYASA YOGA - LEVEL 1

10:00am-11:00am

Move beyond beginning basics and into Level 1 Vinyasa Yoga with Lynda Kennedy. This class focuses on balance, flexibility & safe bending. For more information, visit YogaChelan.com.

WEDNESDAYS

BEGINNING VINYASA

10:00am-11:00am

Learn classic yoga postures and flows with modifications to help them fit your body! YogaChelan's class focuses on the movement needed for quality of life. For more information, visit YogaChelan.com.

MYOFASCIA & YIN

6:30pm-7:30pm

Take advantage of this combo class that focuses on stretching the connective tissues, myofascia & ligaments that are not exercised as often. For more information, visit YogaChelan.com.

THURSDAYS

CORE-YO

5:15pm-6:15pm

Be ready to be challenged in YogaChelan's yoga for the core! Work on standing balance, arm balance and overall strength. For more information, visit YogaChelan.com.

SATURDAYS

GENTLE MIX YOGA

9:30am-10:45am

Gently stretch the muscles, quiet the nervous system and reduce stress with YogaChelan's Gentle Mix. This is a perfect class for beginners! For more information, visit YogaChelan.com.

HOT SPICED HARD CIDER TASTING

11:00am-5:00pm

Visit Rootwood Cider to sip warm, locally grown & made hot spiced hard cider in the orchard where the apples were picked! For more information, visit RootwoodCider.com.