



# MARCH 2021

# MONTHLY CALENDAR

## MARCH 1-31

### TASTE WASHINGTON

All day

Wineries & restaurants across the state are celebrating the Taste Washington event with exclusive recipes, take-out options, promotions & more. For more information, visit [TasteWashington.org](http://TasteWashington.org).

## MONDAY, MARCH 1

### AMERICAN LEGION MEETING

7:00pm-8:30pm

The Manson Parks building will be hosting American Legion, Post 108 meetings during the first Monday of each month. For more information, visit [LakeChelan.com](http://LakeChelan.com).

## SATURDAY, MARCH 6

### CHEF'S TABLE

6:00pm-9:00pm

Visit Campbell's Pub & Veranda to enjoy seasonal & locally inspired dinner courses, paired with wine from Fielding Hills Winery. For more information, visit [CampbellsResort.com](http://CampbellsResort.com).

## THURSDAY, MARCH 11

### EDUCATIONAL CLASS & WINE DINNER

7:00pm-10:00pm

Join Siren Song Winery for an olive oil educational class and five-course wine dinner! For more information, visit [SirenSongWinery.com](http://SirenSongWinery.com).

## SATURDAY, MARCH 13

### SPRING BREWFEST

7:00pm-10:00pm

Kick off the spring season with live music & cold beer at Campbell's Pub & Veranda. For more information, visit [CampbellsResort.com](http://CampbellsResort.com).

## SATURDAY, MARCH 27

### SPRING FLING

12:00pm-8:00pm

Visit downtown Manson for live music, local goodies, family activities & more! For more information, visit [MoreToManson.com](http://MoreToManson.com).

## RECURRING EVENTS

### MONDAYS & WEDNESDAYS

#### VINYASA YOGA - LEVEL 2

8:30am-9:45am

Begin your morning with this slightly progressed Vinyasa class! Practicing Level 2 Vinyasa Yoga will leave you energized and with a sense of well being throughout your day. For more information, visit [YogaChelan.com](http://YogaChelan.com).

### TUESDAYS & THURSDAYS

#### YOGA BASICS

10:00am-11:00am

Join Lynda Kennedy in exploring your own pace and level within the basics of yoga. Enjoy learning more about functional movement, reducing stress & building strength! For more information, visit [YogaChelan.com](http://YogaChelan.com).

### WEDNESDAYS & FRIDAYS

#### VINYASA YOGA - LEVEL 1

10:00am-11:00am

Move beyond beginning basics and into Level 1 Vinyasa Yoga with Lynda Kennedy. This class focuses on balance, flexibility & safe bending. For more information, visit [YogaChelan.com](http://YogaChelan.com).

## WEDNESDAYS

### PUB TRIVIA

6:00pm-7:30pm

Pub Trivia at Stormy Mountain Brewing is back! Head downtown to enjoy trivia for all ages & skill levels. For more information, visit [StormyMountainBrewing.com](http://StormyMountainBrewing.com).

### MYOFASCIA & YIN

6:30pm-7:30pm

Take advantage of this combo class that focuses on stretching the connective tissues, myofascia & ligaments that are not exercised as often. For more information, visit [YogaChelan.com](http://YogaChelan.com).

## THURSDAYS

### CORE-YO

5:15pm-6:15pm

Be ready to be challenged in YogaChelan's yoga for the core! Work on standing balance, arm balance and overall strength. For more information, visit [YogaChelan.com](http://YogaChelan.com).

## SATURDAYS

### GENTLE MIX YOGA

9:30am-10:45am

Gently stretch the muscles, quiet the nervous system and reduce stress with YogaChelan's Gentle Mix. This is a perfect class for beginners! For more information, visit [YogaChelan.com](http://YogaChelan.com).

For more information & current event listings, visit [LakeChelan.com](http://LakeChelan.com).

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