

A WEEK IN THE VALLEY

JULY 16-22

A Lake Chelan
Chamber of Commerce
Publication

WEEKDAYS

DAILY DRILL

9:00am-10:00am

Sign up early for Harmony Meadows Tennis Resort's specific stroke class that focuses on feeding and live-ball drills. For more information, visit HarmonyMeadowsCenter.com.

FRIDAY, JULY 16

YOGA CIRCUIT

8:30am-9:30am

Develop your yoga practice and create a deeper connection to the functional movement of yoga. For more information, visit YogaChelan.com.

PICKLEBALL 101

10:00am-11:00am

Learn the basics of pickleball at Harmony Meadows! Pickleball is easy to learn, great exercise and lots of fun. For more information, visit HarmonyMeadowsCenter.com.

YOGA & WINE

10:00am-11:30am

Join Yoga Uncorked at Tunnel Hill Winery for yoga and wine tasting! Don't forget to take your own mat. For more information, visit TunnelHillWinery.com.

PUB LIVE

6:00pm-8:00pm

Join Campbell's Pub & Veranda every Friday evening for live music featuring a variety of talented artists. For more information, visit CampbellsResort.com.

FRIDAY & WEDNESDAY, JULY 16 & 21

VINYASA LEVEL 1

10:00am-11:00am

Move beyond beginning basics and into Level 1 Vinyasa Yoga with Lynda Kennedy. This class focuses on balance, flexibility and safe bending. For more information, visit YogaChelan.com.

FRIDAY & SATURDAY, JULY 16 & 17

LAKE CHELAN BACH FEST

Various Times

The 40th anniversary of Bach Fest continues! Join the valley in enjoying both live and virtual performances, local wine and food at Riverwalk Park, various wineries and online. For more information, visit BachFest.org.

LAKE CHELAN PRO RODEO

7:30pm-11:00pm

Chelan Rustlers Saddle Club and Aces Wild Pro Rodeo have teamed up to bring the Professional Rodeo Cowboy's Association rodeo to Lake Chelan! For more information, visit ChelanSaddleClub.org.

FRIDAY-SUNDAY, JULY 16-18

PATEROS APPLE PIE JAMBOREE

Various Times

This year's Apple Pie Jamboree in Pateros will feature a parade, vendors, 3-on-3 basketball, jet ski competitions, a fireworks show and more! For more information, visit PaterosAPJ.org.

SATURDAY, JULY 17

POWER YOGA

8:00am-9:15am

Explore various forms of Ashtanga Yoga and Vinyasa Power with arm balances, hand stands, balances and twists! For more information, visit YogaChelan.com.

GENTLE MIX YOGA

9:30am-10:45am

Gently stretch the muscles, quiet the nervous system and reduce stress with YogaChelan's Gentle Mix. For more information, visit YogaChelan.com.

YOGA & WINE

10:30am-12:00pm

Join Yoga Uncorked at Amos Rome Vineyards for yoga & wine tasting! For more information, visit AmosRome.com.

SATURDAY & SUNDAY, JULY 17 & 18

APPLE CUP OPEN GOLF TOURNAMENT

Various Times

The Lake Chelan Men's Golf Club will be hosting various games and contests for 2-player teams! All proceeds will benefit the High School Golf Student Scholarships and the Boy's and Girl's Golf Teams at Chelan High School. For more information, visit ChelanGolfClub.com.

SUNDAY, JULY 18

LIVE MUSIC BY THE RIVER

1:00pm-4:00pm

Visit Rio Vista Wines on the River for live music, wine, snacks and swimming access! For more information, visit RioVistaWines.com.

SUMMER CONCERT SERIES

3:00pm-5:00pm

Visit Siren Song Farms for fun in the sun and live music featuring Dmitry Matheny. Bring your own blanket, chairs and outside food to enjoy! For more information, visit SirenSongWines.com.

MUSIC IN THE PARK

6:00pm-8:00pm

Visit Riverwalk Park every 1st and 3rd Sunday for live Music in the Park! Bring something to sit on, some snacks and your best dance moves. For more information, visit HistoricChelan.org.

MONDAY, JULY 19

CANDIDATE FORUM

6:00pm-8:00pm

The Lake Chelan Chamber of Commerce is hosting a Candidate Forum for candidates of the Lake Chelan School District, Manson School District, City of Chelan, Fire District No. 7 and Hospital District No. 2. Community members can ask questions to decide who will get their vote! For more information, visit LakeChelan.com.

For more information & current event listings, visit LakeChelan.com

509-682-3503 | 800-4-CHELAN | PO Box 216 | 216 E Woodin Ave | Chelan, WA 98816

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MONDAY, JULY 19

PICKLEBALL OPEN PLAY

6:00pm-8:00pm

Reserve your spot for active and social pickleball open play! You can join with or without a partner. For more information, visit HarmonyMeadowsCenter.com.

MONDAY & WEDNESDAY, JULY 19 & 21

VINYASA YOGA - LEVEL 2

8:30am-9:45am

Practicing Level 2 Vinyasa Yoga will leave you energized and with a sense of well being throughout your day. For more information, visit YogaChelan.com.

YOGA IN THE MEADOWS

10:00am-11:00am

Register for Harmony Meadows' yoga session with Amy Andrews! Don't forget a yoga mat and some water. For more information, visit HarmonyMeadowsCenter.com.

BEGINNER TENNIS - AGES 5-12

10:00am-11:00am

Harmony Meadows Tennis Resort is hosting a low pressure tennis experience for kiddos! This class will teach the proper fundamentals and basic strokes of tennis. For more information, visit HarmonyMeadowsCenter.com.

BEGINNER TENNIS - AGES 13-18

11:00am-12:00pm

Harmony Meadows Tennis Resort is hosting a low pressure tennis experience for kiddos! This class will teach the proper fundamentals and basic strokes of tennis. For more information, visit HarmonyMeadowsCenter.com.

MONDAY-THURSDAY, JULY 19-22

INTERMEDIATE & ADVANCED TENNIS - AGES 9-18

1:00pm-3:00pm

Players will develop consistency, court positioning and learn strategies for singles and doubles during this class at Harmony Meadows Tennis Resort. For more information, visit HarmonyMeadowsCenter.com.

TUESDAY & THURSDAY, JULY 20 & 22

YOGA BASICS

10:00am-11:00am

Explore at your own pace and level within the basics of yoga. Enjoy learning more about functional movement, reducing stress and building strength! For more information, visit YogaChelan.com.

WEDNESDAY, JULY 21

VINYASA & VINO

10:30am-11:30am

Nefarious Cellars invites you to join them for yoga and wine tasting! Wine tasting is optional. For more information, visit NefariousCellars.com.

PUB TRIVIA

6:00pm-7:30pm

Pub Trivia at Stormy Mountain Brewing is back! Head downtown to enjoy trivia for all ages and skill levels. For more information, visit StormyMountainBrewing.com.

MIDWEEK MIX-UP

6:00pm-8:00pm

Visit Harmony Meadows for 3 rounds of compatible and competitive mixed doubles for players NTRP 3.0+. For more information, visit HarmonyMeadowsCenter.com.

WEDNESDAY, JULY 21

MYOFASCIA & YIN

6:30pm-7:30pm

Take advantage of this combo class that focuses on stretching the connective tissues, myofascia and ligaments that are not exercised as often. For more information, visit YogaChelan.com.

THURSDAY, JULY 22

CHELAN EVENING FARMERS MARKET

2:00pm-6:00pm

Browse from fresh tomatoes, peppers, herbs, hummus, goat cheese, lavender and so much more from over 20 vendors! For more information, visit ChelanFarmersMarket.org.

CORE-YO

5:15pm-6:15pm

Be ready to be challenged in YogaChelan's yoga for the core! Work on standing balance, arm balance and overall strength. For more information, visit YogaChelan.com.

LIVE MUSIC AT ROCKY POND

5:30pm-7:30pm

Visit Rocky Pond's downtown tasting room for live music, delicious wine and small plates! For more information, visit RockyPondWinery.com.

LIVE MUSIC AT TIPSYPY CANYON WINERY

6:00pm-9:00pm

Enjoy great views and wine at Tippy Canyon Winery's 2021 Summer Concert Series every Thursday evening! For more information, visit TippyCanyon.com.

For more information & current event listings, visit LakeChelan.com

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